

Bouncin' Off the Ceiling

Choreographed by Barry Amato - April, 2001

Music: "Bouncin' Off the Ceiling" by the A-Teens

32 count/ 4 Wall High Beginner Line Dance

*This dance includes a repetitvte tag and an extra four count transition.

Walk, walk, step pivot, turning shuffle, rock step

1-4 Walk right-left (1-2). Step forward right foot (3). Pivot ½ turn left (4).

5-8 Shuffle with a ½ turn left stepping R-L-R (5&6). Rock back on left (7). Recover on right foot in place (8).

Walk, walk, step pivot, turning shuffle, rock step

1-4 Walk left-right (1-2). Step forward left foot (3). Pivot ½ turn right (4).

5-8 Shuffle with a ½ turn right stepping L-R-L (5&6). Rock back on right (7). Recover on left foot in place (8).

Walk, walk, step together, heel swivels

123&4 Walk forward R-L (1-2). Step together with the right foot next to left (3). On the balls of both feet, twist heels right then back to center, original position (&4).

567&8 Walk forward L-R (5-6). Step together with the left foot next right (7). On the balls of both feet, twist heels left then back to center, original position (&8).

Step, pivot 1/4 turn, Hitch, touch back, step, pivot ½ turn, hitch, touch back

1-4 Step forward on the right foot (1). Pivot a 1/4 turn to the left with left taking weight (2). Hitch the right foot to the left knee. (3). Touch the right toe straight back (4).

5-8 Step forward on the right foot (5). Pivot a ½ turn to the left with left taking weight (6). Hitch the right foot to the left knee (7). Touch the right toe straight back (8).

****Extra four count transition - Rock forward, recover, rock back, recover**

1-4 Rock forward on the right foot(1). Recover on left foot in place (2). Rock back on the right foot (3). Recover on the left foot in place (4).

Start again

In order for dance to fit phrasing of song, do the dance as follows:

- * Begin dance at top of vocalist (16 count intro).
- * Do 32 count pattern for 3 walls.
- * Tag with the first 16 count of dance pattern.
- * Do 32 count pattern for 3 walls.
- * Tag with the first 16 counts of dance pattern.
- * Do 32 count pattern one time and then extra four count transition.
- * Tag with the first 16 counts of dance pattern.
- * Do 32 count pattern for 2 walls.
- * End dance with the first 16 counts of dance pattern.